

Home Delivery Menu - Autumn 2020

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## Haccp Accredited | Australian Family Owned & Operated





## Shipping Information

Orders Below \$150 attract a \$15 delivery charge in Metro Adelaide.

Orders for delivery to Adealide Hills/Southern Vales/Riverland or Interstate - for delivery options please email us at; sales@creativenativefoods.com.au

Transport of all goods Interstate IS AT PURCHASERS RISK!

Check out our new website Creativenativefoods.com.au - for some great serving suggestions, photos and preperation tips.

When shopping online don't forget to click "Subscribe" to join the Creative Native Mailing list - for regular updates, news and special offers exclusive to our fans.

Check out our socials @creativenativefoods to see how restaurants and other cooks are using native ingredients. We'd love to hear from you and see your creations. Get cooking and tag us for your chance to be highlighted on our accounts!

Order Online for Home Delivery, contactless pick up at our Hindmarsh wareheouse, or at our Adelaide Farmers Markets stall each Sunday 8.30am - 1.00pm at the Wayville Showgrounds





Heat & Eat				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Creamy Mushroom & Lentil Soup - <u>*Approx. 4-5 serves @ about \$3.50 per serve</u> *	lkg	Frozen	12 months	\$15.00
A rich flavour and creamy texture with mild spice notes of native pepper on the finish. (No added gluten	or nuts, has	dairy. Vegetai	rian)	
Buffalo Massaman Curry - <u>*Approx. 6-7 serves @ about \$9 per serve *</u>	2kg	Frozen	12 months	\$59.00
Rich and fragrant spiced Massaman curry of buffalo with aniseed myrtle. (No added glute	en, nuts or da	iry)		
Crocodile Spare Ribs - <u>*Approx. 3 serves @ about \$9.65 per serve *</u>	lkg	Frozen	12 months	\$29.00
Ready to heat slow "sous vide cooked" crocodile spare ribs with lemon myrtle tom yum glaze. (No a	idded gluten,	dairy or nuts)		

Family & Single Bakes				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Kangaroo Tail Osso Buco - <u>*Approx. 6-7 serves @ about \$5 per serve *</u>	2kg	Frozen	12 months	\$35.00
Slowly braised in tomato & hearty vegetables. Wonderfully easy to make winter warmer with soft cheesy	polenta. <b>(No ado</b>	led gluten, dai	iry or nuts)	
Porcini Mushoom Cheesy Mac - Family Size - <u>*Approx. 6-7 serves @ about \$5.30 per serve</u> *	2.4kg	Frozen	12 months	\$32.00
Porcini Mushoom Cheesy Mac - Single Size -	4009	Frozen	12 months	\$10.00
Creamy cheesy mac w porcini mushrooms, peas, pepperleaf & a crunchy crumb cheese topping. <b>(Has glu</b>	iten & dairy, no c	added nuts. Ve	getarian)	
Moussaka with Cinnamon Myrtle - Family Size - <u>*Approx. 6-7 serves @ about \$5.30 per serve</u> *	2.4kg	Frozen	12 months	\$32.00
Moussaka with Cinnamon Myrtle - Single Size -	4009	Frozen	12 months	\$10.00
Classic Greek Moussaka gone "wildly Australian" - healthy/lean emu mince & native Cinnamon Myrtle crunch	y topping <b>. (Has g</b>	luten/dairy, n	o added nu	rts)

Souces & Pesto's				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Buffalo Bolognaise - <u>*Approx. 6-8 serves @ about \$2.15 per serve *</u>	1kg	Frozen	12 months	\$15.00
A rich classic bolognaise sauce with an amazing twist, scented wild thyme & wild basil. (No adde	ed gluten, nut	s or dairy)		
Green Lemon Myrtle Curry Sauce - <u>*Approx. 6-8 serves @ about \$2.70 per serve *</u>	1kg	Frozen	12 months	\$19.00
Beautifully balanced Thai Green lemon myrtle curry sauce as enjoyed on the Ghan and Indian Pacific trains. (No a	dded gluten, i	nuts or dairy,	has fish sau	uce)
Lemon Aspen Butter Sauce - <u>*Approx. 10 serves @ about \$1.60 per serve *</u>	5009	Frozen	12 months	\$16.00
Tangy lemon aspen butter sauce brilliant with fish and chicken, made in the classic French Beurre Blanc style. (Has	dairy, no add	ed gluten or r	uts. Vegeta	arian)
Rivermint Chilli Pesto - <u>*Approx. 10-12 serves @ about \$3.80 per serve *</u>	1kg	Frozen	12 months	\$42.00
Rivermint chilli pesto (mild) – a superb fresh minty mild green chilli pesto. <b>(No added gluten, has n</b>	uts and dairy.	Vegetarian)		
Warrigal Spinach Pesto - <u>*Approx. 5-6 serves @ about \$4 per serve *</u>	500g	Frozen	12 months	\$22.00
A brilliant coloured mild wild spinach "nut free" pesto. <b>(No added gluten or nuts, has da</b>	iry. Vegetaria	n)		

	UNIT	STORAGE	SHELF LIFE	
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Emu, Semi Dried Tomato & Saltbush Pie - <u>*4x 2009 approx. @ about \$4 per serve*</u>	8009	Frozen	18 months	\$16.00
Great flavour with chunks of semi dried tomato. (Has gluten, no added dairy and	I nuts)			
Mixed Cocktail Pastries Plate - <u>*12x 45-50g approx, @ about \$4.50 per serve*</u>	6009	Frozen	18 months	\$18.00
Includes: Pumpkin Lemon Myrtle Pasty, Red Curry Kangaroo Pie & Emu, Semi Dried Tomato & Salt	bush Pie (4>	< of each)		
Cocktail Pumpkin Lemon Myrtle Pasty Pack - <u>*12x 45-50g approx. @ about \$4.50 per serve</u> *	6009	Frozen	18 months	\$16.00
Mildly spiced with fragrant herbs & curry spices.				
Pepperleaf Damper Bread Rolls - <u>*10x 50g approx. @ about \$0.70 per serve*</u>	500g	Frozen	18 months	\$7.00
Super tasty with mild native pepper fragrance. (Has Gluten, no added dairy or r	nuts)	•		

	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Fi <b>nger Lime Caviar -</b> seedless <u>Chartreuse</u> pearls.	459	Frozen	12months	sold out
F <b>inger Lime Caviar -</b> seedless <u>Red</u> pearls.	459	Frozen	12months	sold out
Finger Lime Caviar - seedless <u>Pink</u> pearls.	459	Frozen	12months	\$18.00
Finger Lime Caviar - seedless Green pearls	459	Frozen	12months	\$18.00





Gelato Range				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Davidson Plum & Cinnamon	5009	Frozen	12 months	\$10.00
Incredible tart stasuma plum flavour of this rainforest plum scented with exotic cinnamon – an outstanding $lpha$	ombo! <b>(No ad</b>	ded nuts, dair	y or gluten)	)
Lemon & Desert Lime Ripple	5009	Frozen	12 months	\$10.00
Fresh, tangy lemon juice with a desert lime green ripple throughout – refreshing/cleansing. (No a	dded nuts, da	iry or gluten)		
Mango Macadamia	5009	Frozen	12 months	\$10.00
Superb Australian Mango with light roasted Macadamia chips scattered throughout. <b>(No added</b> o	dairy or gluter	n. Has nuts)		
Riberry & Rospberry	5009	Frozen	12 months	\$10.00
Fantastic combination with full on vivid red berry fruit and tart riberry (or Clove Lilli Pilli) rainforest fruit	. (No added n	uts, dairy or g	luten)	
Roast Almond & Quandong Ripple	5009	Frozen	12 months	\$10.00
Nutty roast Australian almond & vanilla bean base with tangy "wild peach" ripple throughout. (Containe	s dairy & nuts	, no added glu	uten)	
Wattle Seed "Rocher Ripple"	500g	Frozen	12 months	\$10.00
Creamy, nutty "coffee like" base with rich choc crunch (Ferrero Rocher style) ripple throughout – a real win	ner. <b>(Contair</b>	ns dairy, nuts	& gluten)	

Chutneys/Dressings/Jams/Juices				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Quandong Jam with Ginger	2409	Shelf stable	18 months	\$10.00
Low sugar jam, incredible flavour and colour. Refrigerate for best shelf li	fe.			
Spiced Lilli Pilli Jam	2409	Shelf stable	18 months	\$7.50
Fabulous tart rainforest fruit. Great on b/fast buffet or brilliant with cheese!! Refrigera	te after open	ing.		
Spiced Bush Tomato Relish	2409	Shelf stable	18 months	\$7.50
Rich with exotic Indian spice tones. Textural & appealing colour with mustard seed, dried currant	and bush tor	nato flecks.		
Caramelized Bush Tomato Balsamic	250ml	Shelf stable	36 months	\$13.00
Sweet sharp syrupy vinegar with bush tomato pieces – excellent for salads & dipping with	n olive oil/bre	ad.		
Davidson Plum 'Immune Booster' Juice - <u>*10x 25ml approx. @ about \$1.80 per serve *</u>	255ml	Frozen	12 months	\$18.00
Cold processed with a hint of ginger for maximum nutient and vitamin retention to help deliver a super anti-viral bo	ost. <b>(No adde</b>	ed gluten, dair	y or nuts. V	/egan)

Antipasto & Accompaniments				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Spiced Glaceéd Quandong	2009	Shelf stable	36 months	\$10.00
Fantastic with cheese, particularly brie, or as a sweet garnish to pates, terrines & sm	noked meats.			
Pickled Kangaroo Island Sea Blight	170g	Shelf stable	36 months	\$7.00
A superb salty estuary succulent from Kangaroo Island pickled in a sweet lemon myrtle	e ginger brin	e.		
Pepperberry Oatmeal Biscuits	150g	Shelf stable	9 months	\$7.00
Wonderful old fashioned oatmeal cookie, mildly spiced with native pepper and a hint	of sweetness	s.		
Pepperleaf Parmesan Lavosh	150g	Shelf stable	9 months	\$7.00
Great flavour & texture for cheese platters.				
Blackening Spice	60g	Shelf stable	18 months	\$4.90
"Cajun Blackening Style" fiery smoky blend with Tasmanian pepperleaf and Wild	I Thyme.			
Saltbush Dukkah	60g	Shelf stable	18 months	\$5.90
An exotic middle eastern blend with macadamia, pepperleaf $$ & dried saltbush l	leaves.			
Emu Kabana (Twin Pack)	175g	Frozen	10 months	\$5.00
Great for antipasto platters with cheddar cheese cubes and our Bush Tomato	Relish.			
Smoked Kangaroo With Soy & Pepperberry	500g	Frozen	10 months	\$18.00
Marinated in sweet soy and pepperberry and slowly smoked over red gur	n.			
Kangaroo Pepperoni	3009	Frozen	10 months	\$8.00
A great flavoured pepperoni with medium heat level, spiced with native pepperleaf an	d bush toma	to		

Damper Pre-Mixes				-
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Wattle Seed	4509	Shelf stable	18months	\$6.50
Just add a can of beer or water and bake. For the true Aussie Damper at home or camping – featur	es nutty dese	rt acacia seed	ds	
Bush Tomato	4509	Shelf stable	18months	\$6.50
Just add a can of beer or water, mix & bake, for true Aussie Damper at home or camping – features b	oush tomato f	rom the deser	-ts.	





Native Spices & Ingredients				
	UNIT	STORAGE	SHELF LIFE	UNIT PRIC
Wattle Seed - Roast & Ground	50g	Shelf stable	18months	\$9.50
Milder nutty grain aroma/flavour, rich oil content – suits especially baking, savoury and s	weet applica	tions.		
Malted Whipstick Wattle Seed (whole crisp seed)	509	Shelf stable	18months	\$9.50
Superb tiny crisps that are toasted after activating - great in baking, brewing, in crusts, coatings, spice blends	or a sprinkle	over salads 8	vegetable	es
Saltbush Dried Flakes	509	Shelf stable	18months	\$8.50
Great savoury herbaceous salty flakes for breads, seasoning blends, crackers, co	oatings etc.			
Lemon Myrtle Ground	509	Shelf stable	18months	\$8.50
Stunning floral citrus flavour – sweet & savoury uses. (Note - east coast customers can acc	ess larger va	olumes).		
Wild NT Basil - dried flakes	309	Shelf stable	18months	\$8.90
Grown by indigenous communities this tropical specie exudes an incredible basil "bubblegun	n" aroma and	d taste.		
Bush Tomatoes - dried and ground	259	Shelf stable	24months	\$8.00
Also known as "Kutjera" or "Desert Raisins". Strong savoury flavour - use spar	ingly -			
Pepperberry Ground	309	Shelf stable	18months	\$9.95
Versatile "mountain pepper" – all types of savoury uses.				
Pepperleaf Ground	509	Shelf stable	18months	\$7.50
Versatile "mountain pepper" – all types of savoury uses.				
Native Pepper Smoking Wood Chips	300g	Shelf stable	18months	\$8.00
Great for smoking all types of foods.				
Quandong Halves	250g	Frozen	18months	\$25.00
Desert or wild "peach", tangy peachy flavour, sweet/savoury uses. Superb quality - gre	at presentat	ion.		

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Check out o<mark>ur new</mark> website Creativenativefoods.com.au



Join the CNFS's data base for regular updates & news.



CNFS proudly supports an increasing number of Indigenous growers/collectors & Aussie farmers!

