



Home Delivery Menu - Autumn 2020

75A Orsmond Street Hindmarsh SA 5007

Sales@creativenativefoods.com.au

PH. (08) 8234 4893

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Shipping Information

Orders **Below \$150** attract a \$15 delivery charge in Metro Adelaide.

Orders for delivery to Adelaide Hills/Southern Vales/Riverland or Interstate - for delivery options please email us at; sales@creativenativefoods.com.au

Transport of all goods Interstate **IS AT PURCHASERS RISK!**

Check out our new website Creativenativefoods.com.au - for some great serving suggestions, photos and preparation tips.

When shopping online don't forget to click "Subscribe" to join the Creative Native Mailing list - for regular updates, news and special offers exclusive to our fans.

Check out our socials @creativenativefoods to see how restaurants and other cooks are using native ingredients. We'd love to hear from you and see your creations. Get cooking and tag us for your chance to be highlighted on our accounts!



Order Online for Home Delivery or contactless pick up at our Hindmarsh warehouse.



CNFS proudly supports an increasing number of Indigenous growers/collectors & Aussie farmers!

Heat & Eat				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Creamy Mushroom & Lentil Soup - <i>*Approx. 4-5 serves @ about \$3.50 per serve*</i> A rich flavour and creamy texture with mild spice notes of native pepper on the finish. (No added gluten or nuts, has dairy. Vegetarian)	1kg	Frozen	12 months	\$15.00
Buffalo Massaman Curry - <i>*Approx. 6-7 serves @ about \$9 per serve*</i> Rich and fragrant spiced Massaman curry of buffalo with aniseed myrtle. (No added gluten, nuts or dairy)	2kg	Frozen	12 months	\$59.00
Crocodile Spare Ribs - <i>*Approx. 3 serves @ about \$9.65 per serve*</i> Ready to heat slow "sous vide cooked" crocodile spare ribs with lemon myrtle tom yum glaze. (No added gluten, dairy or nuts)	1kg	Frozen	12 months	\$29.00

Family & Single Bakes				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Kangaroo Tail Osso Buco - <i>*Approx. 6-7 serves @ about \$5 per serve*</i> Slowly braised in tomato & hearty vegetables. Wonderfully easy to make winter warmer with soft cheesy polenta. (No added gluten, dairy or nuts)	2kg	Frozen	12 months	\$35.00
Porcini Mushroom Cheesy Mac - Family Size - <i>*Approx. 6-7 serves @ about \$5.30 per serve*</i> Porcini Mushroom Cheesy Mac - Single Size -	2.4kg 400g	Frozen Frozen	12 months 12 months	\$32.00 \$10.00
Moussaka with Cinnamon Myrtle - Family Size - <i>*Approx. 6-7 serves @ about \$5.30 per serve*</i> Moussaka with Cinnamon Myrtle - Single Size -	2.4kg 400g	Frozen Frozen	12 months 12 months	\$32.00 \$10.00
Creamy cheesy mac w porcini mushrooms, peas, pepperleaf & a crunchy crumb cheese topping. (Has gluten & dairy, no added nuts. Vegetarian) Classic Greek Moussaka gone "wildly Australian" - healthy/lean emu mince & native Cinnamon Myrtle crunchy topping. (Has gluten/dairy, no added nuts)				

Sauces & Pesto's				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Buffalo Bolognese - <i>*Approx. 6-8 serves @ about \$2.15 per serve*</i> A rich classic bolognese sauce with an amazing twist, scented wild thyme & wild basil. (No added gluten, nuts or dairy)	1kg	Frozen	12 months	\$15.00
Green Lemon Myrtle Curry Sauce - <i>*Approx. 6-8 serves @ about \$2.70 per serve*</i> Beautifully balanced Thai Green lemon myrtle curry sauce as enjoyed on the Ghan and Indian Pacific trains. (No added gluten, nuts or dairy, has fish sauce)	1kg	Frozen	12 months	\$19.00
Lemon Aspen Butter Sauce - <i>*Approx. 10 serves @ about \$1.60 per serve*</i> Tangy lemon aspen butter sauce brilliant with fish and chicken, made in the classic French Beurre Blanc style. (Has dairy, no added gluten or nuts. Vegetarian)	500g	Frozen	12 months	\$16.00
Rivermint Chilli Pesto - <i>*Approx. 10-12 serves @ about \$3.80 per serve*</i> Rivermint chilli pesto (mild) - a superb fresh minty mild green chilli pesto. (No added gluten, has nuts and dairy. Vegetarian)	1kg	Frozen	12 months	\$42.00
Warrigal Spinach Pesto - <i>*Approx. 5-6 serves @ about \$4 per serve*</i> A brilliant coloured mild wild spinach "nut free" pesto. (No added gluten or nuts, has dairy. Vegetarian)	500g	Frozen	12 months	\$22.00

Pastries & Baked Goods				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Emu, Semi Dried Tomato & Saltbush Pie - <i>*4x 200g approx. @ about \$4 per serve*</i> Great flavour with chunks of semi dried tomato. (Has gluten, no added dairy and nuts)	800g	Frozen	18 months	\$16.00
Mixed Cocktail Pastries Plate - <i>*12x 45-50g approx. @ about \$4.50 per serve*</i> Includes: Pumpkin Lemon Myrtle Pasty, Red Curry Kangaroo Pie & Emu, Semi Dried Tomato & Saltbush Pie (4x of each)	600g	Frozen	18 months	\$18.00
Cocktail Pumpkin Lemon Myrtle Pasty Pack - <i>*12x 45-50g approx. @ about \$4.50 per serve*</i> Mildly spiced with fragrant herbs & curry spices.	600g	Frozen	18 months	\$16.00
Pepperleaf Damper Bread Rolls - <i>*10x 50g approx. @ about \$0.70 per serve*</i> Super tasty with mild native pepper fragrance. (Has Gluten, no added dairy or nuts)	500g	Frozen	18 months	\$7.00

Finger Lime Caviar - new single tub size				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Finger Lime Caviar - seedless Chartreuse pearls.	45g	Frozen	12months	sold out
Finger Lime Caviar - seedless Red pearls.	45g	Frozen	12months	sold out
Finger Lime Caviar - seedless Pink pearls.	45g	Frozen	12months	\$18.00
Finger Lime Caviar - seedless Green pearls	45g	Frozen	12months	\$18.00
Stunning "caviar" or pearls from our native finger limes. So convenient and seedless!! Ready to spoon out onto oysters, salads, fish etc. Amazing in cocktails.				



Gelato Range				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Davidson Plum & Cinnamon	500g	Frozen	12 months	\$10.00
Incredible tart stasuma plum flavour of this rainforest plum scented with exotic cinnamon – an outstanding combo! (No added nuts, dairy or gluten)				
Lemon & Desert Lime Ripple	500g	Frozen	12 months	\$10.00
Fresh, tangy lemon juice with a desert lime green ripple throughout – refreshing/cleansing. (No added nuts, dairy or gluten)				
Mango Macadamia	500g	Frozen	12 months	\$10.00
Superb Australian Mango with light roasted Macadamia chips scattered throughout. (No added dairy or gluten. Has nuts)				
Riberry & Raspberry	500g	Frozen	12 months	\$10.00
Fantastic combination with full on vivid red berry fruit and tart riberry (or Clove Lilli Pilli) rainforest fruit. (No added nuts, dairy or gluten)				
Roast Almond & Quandong Ripple	500g	Frozen	12 months	\$10.00
Nutty roast Australian almond & vanilla bean base with tangy "wild peach" ripple throughout. (Contains dairy & nuts, no added gluten)				
Wattle Seed "Rocher Ripple"	500g	Frozen	12 months	\$10.00
Creamy, nutty "coffee like" base with rich choc crunch (Ferrero Rocher style) ripple throughout – a real winner. (Contains dairy, nuts & gluten)				

Chutneys/Dressings/Jams/Juices				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Quandong Jam with Ginger	240g	Shelf stable	18 months	\$10.00
Low sugar jam, incredible flavour and colour. Refrigerate for best shelf life.				
Spiced Lilli Pilli Jam	240g	Shelf stable	18 months	\$7.50
Fabulous tart rainforest fruit. Great on b/fast buffet or brilliant with cheese!! Refrigerate after opening.				
Spiced Bush Tomato Relish	240g	Shelf stable	18 months	\$7.50
Rich with exotic Indian spice tones. Textural & appealing colour with mustard seed, dried currant and bush tomato flecks.				
Caramelized Bush Tomato Balsamic	250ml	Shelf stable	36 months	\$13.00
Sweet sharp syrupy vinegar with bush tomato pieces – excellent for salads & dipping with olive oil/bread.				
Davidson Plum 'Immune Booster' Juice - *10x 25ml approx. @ about \$1.80 per serve*	255ml	Frozen	12 months	\$18.00
Cold processed with a hint of ginger for maximum nutrient and vitamin retention to help deliver a super anti-viral boost. (No added gluten, dairy or nuts. Vegan)				

Antipasto & Accompaniments				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Spiced Glaceéd Quandong	200g	Shelf stable	36 months	\$10.00
Fantastic with cheese, particularly brie, or as a sweet garnish to pates, terrines & smoked meats.				
Pickled Kangaroo Island Sea Blight	170g	Shelf stable	36 months	\$7.00
A superb salty estuary succulent from Kangaroo Island pickled in a sweet lemon myrtle ginger brine.				
Pepperberry Oatmeal Biscuits	150g	Shelf stable	9 months	\$7.00
Wonderful old fashioned oatmeal cookie, mildly spiced with native pepper and a hint of sweetness.				
Pepperleaf Parmesan Lavosh	150g	Shelf stable	9 months	\$7.00
Great flavour & texture for cheese platters.				
Blackening Spice	60g	Shelf stable	18 months	\$4.90
"Cajun Blackening Style" fiery smoky blend with Tasmanian pepperleaf and Wild Thyme.				
Saltbush Dukkah	60g	Shelf stable	18 months	\$5.90
An exotic middle eastern blend with macadamia, pepperleaf & dried saltbush leaves.				
Emu Kabana (Twin Pack)	175g	Frozen	10 months	\$5.00
Great for antipasto platters with cheddar cheese cubes and our Bush Tomato Relish.				
Smoked Kangaroo With Soy & Pepperberry	500g	Frozen	10 months	\$18.00
Marinated in sweet soy and pepperberry and slowly smoked over red gum.				
Kangaroo Pepperoni	300g	Frozen	10 months	\$8.00
A great flavoured pepperoni with medium heat level, spiced with native pepperleaf and bush tomato				

Damper Pre-Mixes				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE
Wattle Seed	450g	Shelf stable	18months	\$6.50
Just add a can of beer or water and bake. For the true Aussie Damper at home or camping – features nutty desert acacia seeds				
Bush Tomato	450g	Shelf stable	18months	\$6.50
Just add a can of beer or water, mix & bake, for true Aussie Damper at home or camping – features bush tomato from the deserts.				



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Native Spices & Ingredients				
	UNIT	STORAGE	SHELF LIFE	UNIT PRICE

Wattle Seed - Roast & Ground	50g	Shelf stable	18months	\$9.50
Milder nutty grain aroma/flavour, rich oil content – suits especially baking, savoury and sweet applications.				
Malted Whipstick Wattle Seed (whole crisp seed)	50g	Shelf stable	18months	\$9.50
Superb tiny crisps that are toasted after activating - great in baking, brewing, in crusts, coatings, spice blends or a sprinkle over salads & vegetables				
Saltbush Dried Flakes	50g	Shelf stable	18months	\$8.50
Great savoury herbaceous salty flakes for breads, seasoning blends, crackers, coatings etc.				
Lemon Myrtle Ground	50g	Shelf stable	18months	\$8.50
Stunning floral citrus flavour – sweet & savoury uses. (Note - east coast customers can access larger volumes).				
Wild NT Basil - dried flakes	30g	Shelf stable	18months	\$8.90
Grown by indigenous communities this tropical specie exudes an incredible basil "bubblegum" aroma and taste.				
Bush Tomatoes - dried and ground	25g	Shelf stable	24months	\$8.00
Also known as "Kutjera" or "Desert Raisins". Strong savoury flavour - use sparingly -				
Pepperberry Ground	30g	Shelf stable	18months	\$9.95
Versatile "mountain pepper" – all types of savoury uses.				
Pepperleaf Ground	50g	Shelf stable	18months	\$7.50
Versatile "mountain pepper" – all types of savoury uses.				
Native Pepper Smoking Wood Chips	300g	Shelf stable	18months	\$8.00
Great for smoking all types of foods.				
Quandong Halves	250g	Frozen	18months	\$25.00
Desert or wild "peach", tangy peachy flavour, sweet/savoury uses. Superb quality - great presentation.				

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Join the CNFS's data base for regular updates & news.



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